

**2024 Highwood Outdoor Pool Schedule July and August** \*Subject to change\* [www.highwoodoutdoorpool.com](http://www.highwoodoutdoorpool.com)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
7:00	LANE SWIM 7:20 - 8:30					Lane Swim	Lane Swim				
7:30						8:20 - 9:10					
8:00						If no private rentals booked at 9:15, then Lane Swim and Public Swim runs until 10:45am					
9:00	LifeSaving Society Swim Lessons 9:00 - 12:30					Stroke Improvement	Stroke Improvement				
						8:20 - 9:10		8:20 - 9:10			
						Drop-In public admission or FREE to HOP lesson participants at the door					
10:00						PRIVATE RENTAL	PRIVATE RENTAL				
						9:15 - 10:45 (1.5hr)	9:15 - 10:45 (1.5hr)				
	or	or									
	9:30 - 12:30 (3hr)	9:30 - 12:30 (3hr)									
	or	or									
	11:00 - 12:30 (1.5 hr)	11:00 - 12:30 (1.5 hr)									
12:00	Lane Swim 12:00 - 12:45 ( No lane swim July 9, 10 or 11 & July 23, 24 & 25)					Public Swim	Public Swim				
	12:45 - 2:15		Public Swim		12:30 - 2:00	12:30 - 2:00					
	2:30 - 4:00				2:15 - 3:45	2:30 - 4:00					
	4:15 - 5:45				4:00 - 5:30	4:15 - 5:45					
					5:30 - 7:00	5:30 - 7:00					
5:30	LANE SWIM					Lane Swim	Lane Swim				
	5:45 - 6:35pm	or	6:40 - 7:30pm								
	LifeSaving Society Swim Lessons					5:30 - 6:50	5:30 - 6:50				
7:30	AquaMove Age 16+	PRIVATE RENTAL	PRIVATE RENTAL	PRIVATE RENTAL	PRIVATE RENTAL	PRIVATE RENTAL	PRIVATE RENTAL				
	7:35 - 8:30	7:30 - 8:30 (1hr)	7:30 - 9:00 (1.5hr)	7:30 - 9:00 (1.5hr)	7:30 - 9:00 (1.5hr)	7:00 - 8:30 (1.5hr)	7:00 - 8:30 (1.5hr)				
	PRIVATE RENTAL	or	or	or	or	or	or				
	8:30 - 9:30 (1hr)	7:30 - 9:00 (1.5hr)	7:30 - 9:30 (2 hr)	7:30 - 9:30 (2 hr)	7:30 - 9:30 (2 hr)	7:00 - 9:00 (2hr)	7:00 - 9:00 (2hr)				
						or	or				
						7:00 - 9:30 (2.5hr)	7:00 - 9:30 (2.5hr)				
	If no private rentals are booked & the weather is +24, HOP will run POP-UP SWIMs Monday to Sunday. If running, POP - Ups will be advertized on our Facebook, Instagram and COSPA registration pages. Walk-In admission will also be available.										
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				