

2023 Highwood Outdoor Pool July and August

[Please note that this schedule is subject to change. Visit www.highwoodoutdoorpool.com](http://www.highwoodoutdoorpool.com) or call the pool at 403-221-3574 to confirm.

Public or Lane Swim admission is available online at <https://calgaryoutdoorpools.ca> or by limited walk-in spots at the counter

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 AM							
7:30 AM	LANE SWIM 7:30 to 8:45am 1 to 4 lanes.					LANE SWIM 8:15 - 9:30	LANE SWIM 8:15 - 9:30
	LifeSaving Society Swim Lessons All Levels weekly 8:45am - 1:00pm Private Lessons 8:00am - 1:00pm					LESSONS 8:25 - 9:25	LESSONS 8:25 - 9:25
						PRIVATE RENTALS 9:30 - 11:00 (1.5hr) OR 9:30 - 12:30 (3hr) OR 11:15 - 12:45 (1.5hr)	PRIVATE RENTALS 9:30 - 11:00 (1.5hr) OR 9:30 - 12:30 (3hr) OR 11:15 - 12:45 (1.5hr)
12:00 PM						LANE SWIM 12:00 - 1:00pm 2 to 4 lanes.	
1:00 PM	PUBLIC SWIM						
			1:00 - 2:30pm			1:00 - 2:30pm	
	Public Swim		2:45 - 4:15pm		Public Swim	2:45 - 4:15pm	
			4:30 - 6:00pm			4:30 - 6:00pm	
6:00 PM	LANE SWIM 6:00 - 7:00 Mon to Fri					LANE SWIM 1 lane 4:30 - 6:25	LANE SWIM 1 lane 4:30 - 6:25
	SWIM LESSONS 6:00 to 7:10pm					PRIVATE RENTAL	PRIVATE RENTAL
			6:30 - 8:00 (1.5hr)			6:30 - 8:00 (1.5hr)	
7:00 PM	PUBLIC SWIM	PUBLIC SWIM	PRIVATE RENTAL	PRIVATE RENTAL	PRIVATE RENTAL		
	7:15 - 8:45pm	7:15 - 8:45pm	7:15 - 8:45 (1.5hr) OR 7:15 - 9:15 (2hr)	7:15 - 8:45 (1.5hr) OR 7:15 - 9:15 (2hr)	7:15 - 8:45 (1.5hr) OR 7:15 - 9:15 (2hr)	PRIVATE RENTAL	PRIVATE RENTAL
			7:15 - 9:45 (2.5hr)	7:15 - 9:45 (2.5hr)	7:15 - 9:45 (2.5hr)	8:00 - 9:30 (1.5hr) OR 6:30 - 9:30 (3hr)	8:00 - 9:30 (1.5hr) OR 6:30 - 9:30 (3hr)
8:30 PM	PRIVATE RENTAL	PRIVATE RENTAL					
	8:45 - 9:45 (1hr)	8:45 - 9:45 (1hr)					
If no private rental is booked & the weather is +24, HOP will run evening POP-UP SWIMS Wednesday to Sunday. POP-Ups will be advertised on the HOP Facebook and Instagram pages.							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday